

## What is Bike and Ride?



## How Does it Work?

With a bike rack on most Valley Transit buses, you can make bike riding part of your regular commute. Bike and Ride is a great way to keep you and the environment in shape.

Ride part way to work and finish your trip aboard a bus, or take the bus one way. A regular ride will help keep you in shape, and save you money on parking, gasoline and car maintenance. Plus biking and busing help lower traffic congestion and preserve air quality.

Consider the Bike and Ride option for fun, too. Taking a bus to a park or bike path can make your trip safer and more fun.

## What Does it Cost?

There is no extra cost for bringing your bike! The rack is attached to the front of the bus and holds two bicycles. The bicycles are completely safe, not touching each other, the bus or any other vehicle. With the instructions posted directly on the racks loading and unloading is a snap.

Each bike can be loaded or unloaded independently. You don't need to move one bike to reach the other. The rack holds most wheel and frame sizes, including children's bikes.

Valley Transit welcomes you - and your bike - whether you want to bike and ride to work, school, or for recreation.

It's as simple as 1, 2, 3. Our system is light weight and easy to use. In fact so easy, tests show that most first time users can load or unload their bicycles in less than 25 seconds. Here's how:



- 1 Pull the handle to release and lower the rack. Lower the rack with one hand while holding the bike with the other hand.

- 2 After lowering the rack, follow the instructions "Place front wheel here" and lift the bicycle into either of the rack's wheel wells. Even with one bike already loaded, it's easy to load or unload a second bicycle.



Unloading: For safety reasons, it is very important to tell the driver you need to unload your bike when you approach your stop.

- 3 To unload the bicycle, pull the support arms up and off the bicycle wheel. The support arm stows away easily allowing the rear bicycle to be easily removed without removing the front bicycle. Please fold up the rack when finished.

*For more information on buses equipped with bike racks, contact us at 525-9140*